



Sara Rance Biographical information:

Sara Rance is a Consultant Child & Adolescent Psychotherapist and currently works as a Parent Infant Psychotherapist in the new Enfield Parent Infant Partnership. She was formerly Head of Child & Adolescent Psychotherapy in Newham CAMHS and has 25 years' experience in the NHS. She has set up Infant Mental Health Services within NHS and Children's Centre settings.

Sara is a Visiting Lecturer at the Tavistock & Portman Clinic, teaching on MA courses in Psychoanalytic Observational Studies, Working with Infants, Early Years & Families, and Psychological Therapies with Children, Young People & Families. She has an independent practice as clinical supervisor and trainer. She also teaches on the British Psychotherapy Foundation's Independent Psychoanalytic Child & Adolescent Psychotherapy training and on the International Training in Infancy & Early Years (ITSIEY). She has published in the *Journal of Child Psychotherapy*, the *International Journal of Infant Observation* and in M.Rustin & M Rhode eds. (1997) *Psychotic States in Children*.

She is advising Health Education North Central & East London on post qualifying training for Health Visitors and the development of Specialist Health Visitor posts in Perinatal & Infant Mental Health. Sara is on the Committee of the Association for Infant Mental Health UK.