



Deputy Director General
Norwegian Institute of Public Health,
Professor Arne Holte, Ph.D.

Biographical information

Arne Holte is Deputy Director General at the Norwegian Institute of Public Health (NIPH), Founder of Division of Mental Health at NIPH, Professor of Health Psychology at the University of Oslo, Programme Censor for the Psychology Program at the University of Bergen. Formerly, he has been Chair of the Board at Modum Bad Research Institute, Head and Professor of Clinical Psychology at the University of Tromsø, Professor of Behavioural Sciences in Medicine at the University of Oslo, psychotherapist, family therapist and school psychologist. Professor Holte is member of the NIPH Global Health Team and a Donor Program Partner (NIPH) senior advisor to Norway's contribution through EU to mental health programs in Estonia, Slovenia, Hungary, Czech Republic and Portugal (EEA/Norway Grant). In the EU he is member of EUs Group of Governmental Experts on Mental Health and Well-Being, and the work packages on "Child Mental Health and Schools" and "Mental health in All Policies" in Joint Action for Mental Health, and a coordinator of the work package on "Systems for social processes" in Road Map for Mental Health Research in Europe (ROAMER). He has several international duties, including being one of the founders of EuroPsy and a member of the European Awarding Committee (EAC) of the European Federation of Psychologists' Association (EFPA), which certifies psychologist education programmes in Europe. Professor Holte has been visiting scholar at several universities, including, University of Rochester, NY; UCLA, George Washington University, University of New Mexico, and San Diego State University. He has published more than hundred scientific papers on mental health and illness, covering a wide range of topics including depression, bipolar disorder, anorexia nervosa, schizophrenia, sleep disorders, language disorders, menopause, seasonal affective disorders, child well-being, and suicide. Currently he is working mainly with global mental health, including being the author of "Mental Health as Global Challenge" for the Norwegian Directorate of Aid and Development (NORAD) and the chapter on "Psychology of Child Wellbeing" in Handbook of Child Wellbeing (2013). Professor Holte is a frequent lecturer at international conferences. In 2012 he was honoured by the Norwegian Minister of Health with the most prestigious award for psychologists in Norway, the Great Psychologist Award.